



老架二路 Lao Jia Er Lu

1	预备式 yu bei shi	23	掩手肱拳 yan shou gong quan
2	金刚捣锤 jin gang dao dui	24	伏虎 fu hu
3	懒扎衣 lan zha yi	25	抹眉肱 mo mei gong
4	六封四闭 liu feng si bi	26	黄龙三搅水 huang long san jiao shui
5	单鞭 dan bian	27	左冲 zuo chong
6	护心拳 hu xin quan	28	右冲 you chong
7	斜行 xie xing	29	掩手肱拳 yan shou gong quan
8	回头金刚捣碓 hui tou jin gang dao dui	30	扫堂腿 sao tang tui
9	撇身拳 pie shen quan	31	掩手肱拳 yan shou gong quan
10	指裆 zhi dang	32	全炮捶 quan pao chui
11	斩手 zhan shou	33	掩手肱拳 yan shou gong quan
12	翻花舞袖 fan hua wu xiu	34	捣叉捣叉 dao cha dao cha
13	掩手肱拳 yan shou gong quan	35	左二肱右二肱 zuo er gong you er gong
14	腰拦肘 yao lan zhou	36	回头当门炮 hui tou dang men pao
15	大肱拳小肱拳 da gong quan xiao gong quan	37	变式大捉炮 bian shi da zhuo pao
16	玉女穿梭 yu nü chuan suo	38	腰拦肘 yao lan zhou
17	倒骑龙 dao qi long	39	顺拦肘 shun lan zhou
18	掩手肱拳 yan shou gong quan	40	窝底炮 wo di pao
19	裹鞭炮 guo bian pao	41	回头井拦直入 hui tou jing lan zhi ru
20	兽头势 shou tou shi	42	金刚捣碓 jin gang dao dui
21	披架子 pi jia zhi	43	收势 shou shi
22	翻花舞袖 fan hua wu xiu		